

Getting the Results You Want with Invisalign

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To achieve excellent and consistent outcomes with Invisalign, clinicians must focus on three issues: Treatment Planning, Clincheck and Finishing.

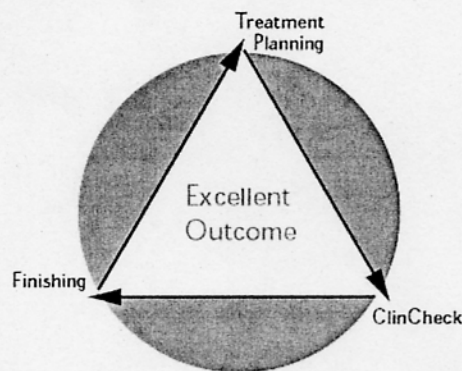
These three key issues, represented by the "legs" of the triangle in the diagram, are interrelated and the key to success with the Invisalign appliance. My conclusion comes from having personally treated more than 120 patients (more than 30 of whom have finished treatment), being heavily involved in Align Technology's research and development efforts, and lecturing to and training thousands of orthodontists worldwide since 1998.

What follows is a summary of these three key issues.

Treatment Planning: When planning treatment, the clinician should consider the patient's goals. What does the patient want? Second, what are the less predictable movements of the appliance, be it fixed or Invisalign? Third, how is one going to reach those goals? Through expansion, stripping or extraction?

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Three keys to excellent and consistent treatment outcomes



ClinCheck: ClinCheck, the virtual treatment one receives from Align, requires the clinician to thoroughly review the goals. Successful outcomes are heavily dependent upon thorough review of ClinCheck. Remember that a virtual treatment may slightly differ from the actual biological results. Gaining experience by treating more cases will aid in understanding the virtual vs. actual results. For example, one may need to build overcorrection into the virtual treatment.

Finishing: With solid treatment planning and ClinCheck review, the

need for case refinement should be minimal. If case refinement is needed, many clinicians use additional Aligners, detailing, elastics or fixed. If settling is needed, will one use a standard retainer or cut the Aligners distal to the canines? And like fixed appliances, one needs to choose the type of retention.

Paying close attention to all three of these areas is critical to getting successful outcomes. My Invisalign patients are among the most satisfied in my practice and I have been pleased with the results.