

EVALUATING COMPLIANCE WITH COMPLIANCE INDICATORS

Note: Request that your patients bring in aligners worn since their last appointment with you.

STEP 1 After the patient has worn the first sets of aligners for the prescribed amount of time, observe the hues (shades of blue) of the compliance indicators (CIs) on these aligners. Check the boxes that best represent the hues of the CIs on each aligner.

STEP 2 At each subsequent appointment, examine the hues of the CIs on worn aligners and check the appropriate boxes.

STEP 3 Connect the check marked boxes.

STEP 4 Assess the pattern and make an approximate analysis.*

- A left-to-right ascending line indicates the patient may not have worn the aligners as often in the later stages as he/she did during the initial stages of treatment.
- A left-to-right descending line indicates, the patient may have worn the aligners more in the later stages than he/she did during the initial stages of treatment.
- If the line is approximately straight, wear time has most likely remained steady. If the pattern is scattered, then the patient most likely wears the aligners inconsistently.

* Please note that this analysis is an approximate gauge of wear time. Changes can also be affected by varying levels of the patient's salivation. Even with appropriate wear, some patients with very low salivation levels may experience little to no fading.

The diagram shows a clear aligner with a 'STARTING POINT' marked on the left side. Below it is a grid for tracking compliance indicators (CIs) across 10 stages. The grid consists of 5 rows and 10 columns. The first column is labeled 'BASELINE STAGE 1' and the remaining columns are labeled 'STAGE 2' through 'STAGE 10'. Each cell in the grid contains a square box. In the 'BASELINE STAGE 1' column, the first two rows have two dark blue circles, the third row has two medium blue circles, the fourth row has one medium blue circle and one white circle, and the fifth row has two white circles. The other columns are empty.